# THE CARDINAL CHRONICLE

A weekly college & career newsletter -  $N^{o}4$ 

# LETTER FROM THE EDITOR:



## MR. MERCADO SCHOOL COUNSELING INTERN

**Pronouns:** He/His/Him

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Site Schedule: Monday: 9am-3pm Wednesday: 9am-3pm

A Note About This Letter:

The Cardinal Chronicle is a bi-weekly letter that will highlight different majors, schools, job tips, funding opportunities, and many other things. This is a resource for you and will be archived so that you can easily find information. Please feel free to reach out me at amercado3@sandi.net if you have any questions on the content provided.

# COUNTDOWN TO COLLEGE:

### College Season:

The month of November can be a very stressful time for many students. Not only do y'all have to worry about the beginning of a new quarter and approaching the end of the semester, but some of you (seniors), you also have to worry about college applications. Most colleges have an application deadline that falls around the end of November or early December. If you have not started your college applications, now is the time to do so!

This version of the Cardinal Chronicle is geared towards college resources, application tips, upcoming deadlines, and much more! If you need some more personalized assistance please reach out to one of our Counseling Team members:

- AHHC: Andrea Munoz amunoz@sandi.net
- AOIT: Frank Zavala fzavala@sandi.net
- ALMA: Tawnya Pringle tpringle@sandi.net
- SJA, ELD (H-M): Laura Romo lromo@sandi.net
- SABE, ELD (N-S): Patty Hollman phollman@sandi.net
- Counseling Intern: Abel Mercado amercado3@sandi.net

Don't be afraid to ask for help! It is better to ask for help now, then have to go back and make corrections later!

## Approaching Deadlines:

Cal State Application: 12/4/2020

UC Application: 11/30/2020

Common Application: Varies by school but most will be due in late November - early December

FASFA: 03/02/2021



# MAJOR:

## Finding a Major:

Choosing a college major can be hard. Some students have known what they wanted to be since they were three years old; others aren't sure, even with college right around the corner. Here are some resources you can use to start looking for the right major:

What is a major? A major is a specific subject area college students specialize in. Typically, between one-third and one-half of the courses you'll take in college will be in your major or related to it.

### Steps to picking a major

- 1. What do you like? Write down some things you like to do, maybe some subjects you like to study or feel like you do well in. Use the <u>College Board Road map</u> to Careers page to explore areas of study/careers based off you strengths and interest.
- 2. What are your career goals? Think about where you can see yourself in a couple of years. Don't know? Take a career assessment offered the <a href="Princeton Review">Princeton Review</a>!
- 3. Talk to advisers and professionals Try to get connect to professionals or even current college students who may be studying within your area of Interest.

Remember It's okay to enter college as an undecided major. Undeclared is major you can apply with and change it upon some time at your school. There maybe majors you can not switch into like Nursing at SDSU, so please contact your schools of interest to ask about their majors and applying undeclared.

## CSU OR UC:

## Difference Between a Cal State University (CSU) & the University of California (UC):

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High-

Public

quality

Education

The California
State University

**CSU:** 

- 23 Campuses
- Tuition: \$5,000-\$7,000
- Bigger focus on preparing students for the job market
- Hands on learning

UC:

- 10 Campuses
- Tuition: \$13,000-\$15,000
- Bigger focus on preparing students for graduate school
- Research-based courses

UNIVERSITY
OF
CALIFORNIA

Read more about the differences between a CSU and UC here.

## EOP:

## EOP and it's Benefits:



What is EOP?: The Educational Opportunity Program, or EOP, is a counseling and academic support program designed to help low-income and first generation college students succeed in college. (A student is first generation if neither parent went to college). EOP is offered at Cal States and at. UC campuses and they're typically only for in-state residents (California Resident or AB540). The purpose of these programs is to help students who face additional obstacles in higher education succeed academically and graduate.

**Benefits:** An EOP can help you find a community of students with backgrounds similar to yours, and you can receive counseling and mentorship to help you deal with the struggles that can come from being a low-income or first generation college student. Some Benefits may include: mentoring, financial aid support, access to program study spaces, free tutoring, discounts on supplies, advising, and most importantly a chance to build community.

**How to apply?:** For <u>CSU schools</u>, if you are interested in enrolling in EOP, you must complete a supplemental application. On the <u>UC Application</u>, To be considered for EOP, you should indicate your interest when you complete the online application.

## **COLLEGE ESSAYS:**

## Writing Tips:

#### **Start Early**

Give yourself plenty of time for preparation, careful composition and revisions.

### Write Persuasively

Making a list of accomplishments, activities, awards or work will lessen the impact of your words. Expand on a topic by using specific, concrete examples to support the points you want to make.

#### Use "I" Statements

Talk about yourself so that they can get to know your personality, talents, accomplishments and potential for success on a UC campus. Use "I" and my statements.

### Proofread and Edit

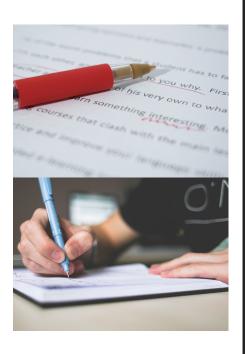
Although you will not be evaluated on grammar, spelling or sentence structure, you should proofread your work and make sure your writing is clear.

#### Solicit Feedback

Your answers should reflect your own ideas and be written by you alone, but others can offer valuable suggestions. Ask advice but do not plagiarize and do not use anyone's published words other than your own!

#### Rela

This is one of many pieces of information considered in reviewing your application. Your responses can only add value to the application.



## **UPCOMING EVENTS:**

Come Get Application Support, Learn About Different Universities, Talk to Admission Representatives, Ask Questions and Learn About Different College Options.

## **Application Support:**

- 11/14 at 12:00pm: UCSD Student Promoted Access Center for Education & Service College Application Info Session <a href="https://tinyurl.com/virtualcollegeseries">https://tinyurl.com/virtualcollegeseries</a>
- 11/14 at 11:00 am: Delta Sigma Pi Virtual High School Workshop <u>Zoom Meeting Code: 899</u> 1919 1312
- Every Wednesday at 1:00pm-3:00pm: Mr. Mercado's Virtual Advising (no appointment needed) https://sandiegounified.zoom.us/j/86518644764
- College Avenue Compact has hosted a variety of recorded college workshops <a href="https://hoover.sandiegounified.org/counseling/counseling\_department\_academic\_supports/college\_c">https://hoover.sandiegounified.org/counseling/counseling\_department\_academic\_supports/college\_c</a> areer\_workshops

### **College Visits:**

- 11/11 at 3:00 pm: CETYS University Open House <a href="https://bit.ly/CETYSOpen">https://bit.ly/CETYSOpen</a>
- 11/12 at 5:00pm (EST): STEM@Amherst <a href="https://admission.amherst.edu/register/?id=dfd411a4-d2c1-474b-a7f0-0a17ee70d7d4">https://admission.amherst.edu/register/?id=dfd411a4-d2c1-474b-a7f0-0a17ee70d7d4</a>
- 11/12 at 11:00am: Career Council/National Hispanic Virtual College Fair <a href="https://gotocollegefairs.swoogo.com/CC\_NHCF\_San\_Diego">https://gotocollegefairs.swoogo.com/CC\_NHCF\_San\_Diego</a>
- 11/13 at 12:00pm: CSU Channel Islands <a href="https://csuci.zoom.us/j/86235078020">https://csuci.zoom.us/j/86235078020</a>

### **Upcoming College Visits:**

- TBD University of San Diego
- TBD University of California Merced
- TBD San Diego Christian College



